Verify Email Address

Main Residency Match and Specialties Matching Service

All R3® Users
Note: This Verify Email Address guide explains how to complete this task using a desktop computer. The menu options are the same whether using a desktop or mobile device.

Users will receive an email from NRMP to verify their email address. Although email verification is not a requirement, this process improves NRMP’s ability to communicate with you.

Review the steps in this guide that apply to your user type:
- New users that have completed registration in the Registration, Ranking, and Results (R3®) system, or
- Returning users with an existing R3 account.

NOTE: anytime an email address is updated in R3 regardless of user type, a verification email will automatically be sent.

New Users:

1. During the registration process an automated email will be sent to the email address entered.

2. Upon completion of registration, you will be prompted to login to the R3 system, Before you log in, view the email verification message in your email Inbox.

3. Click the Click here to complete verification link in the email message.

Login:

4. Go to www.nrmp.org and enter the Username and Password you created to access the R3® system.

5. Click Login.
New Users /Verify Email, continued:

6. Navigate to the Profile, Contact Information tab.
   a. Next to your email address, a VERIFIED note displays.

7. Email verification is complete.
Returning Users:
1. Go to www.nrmp.org and enter the Username and Password you created to access the R3 system.
2. Click Login.
3. The following displays based on your user type and how frequently you log in to the R3 system.
   a. Red alert icon next to your username, or the b. Contact Information tab on the Profile Details page.
Returning Users/Verify Email Address, continued:

4. If the Profiles tab is not displayed, click the red alert icon next to your name, then click Profile, and then click the Contact Information tab.

5. For all returning users, an alert message displays in red on the Contact Information tab.

6. Click the Click to verify button.
   a. NOTE: Click the button only ONCE. Each click generates a new verification link email that invalidates the previous link. Do not click multiple times.

7. A green note displays indicating the verification link email has been sent.
Returning Users/Verify Email Address, continued:

8. View the message in your email Inbox.

9. Click the **Click here to complete verification** link.

10. Return to the R3 system and **refresh your browser or log in** and navigate to the **Profile, Contact Information** tab.
   a. Next to your email address, a **VERIFIED** note displays and the red alert icon no longer appears.
   b. Email verification is complete.