April 1, 2020

Dear Medical Education Community,

The NRMP Board, leadership, and staff understand and deeply appreciate the substantial risks that each of you are taking to provide care to COVID-19 patients and to continue to provide educational resources and training for the country’s medical students, residents, and fellows. We also recognize the substantial emotional and physical stress you are under while caring for yourself as well as your parents, children, extended families, and colleagues. Thank you for your continued focus on medical education during this rapidly evolving, uncertain time. Your selfless efforts and professionalism will ensure that the nation has well-trained physicians – now and in the future.

To address questions regarding the applicant transition to graduate medical education, NRMP has created these Frequently Asked Questions (FAQs). While the situation remains fluid, NRMP will continue to monitor conditions and update the FAQs as new information and/or questions emerge. Please feel free to contact the NRMP leadership with questions at admin@nrmp.org.

Frequently Asked Questions:

**Does the NRMP intend to change the Match deadlines and dates for the upcoming Fellowship Matches or the 2021 Main Residency Match?**

The NRMP is acutely aware of the importance of matriculating residents and fellows into training programs to prepare our nation’s future physicians. As such, no decision has been made to change the Match schedules for the 2021 Main Residency Match. However, the cancellation of exams and rotations as well as the added patient-care burden faced by the training programs are factors that NRMP will consider in our decision-making as we continue to monitor the needs of the medical education community. NRMP leadership will also continue to work with program directors’ groups (i.e., associations of training program directors) that serve as Fellowship Match sponsors to determine if there is a need to adjust the Match schedules for fellowship programs.

**Can medical students who have graduated early work in a clinical capacity—not in a training capacity—in a hospital system before they begin their residency training program?**

NRMP is aware that some medical schools are planning to graduate senior students early so they may support local efforts responding to the surge in COVID-19 cases. NRMP cannot comment on the feasibility of such efforts (e.g., CMS reimbursement protocols, procurement of training licenses) but reminds the community that Match commitments and offers accepted during the Supplemental Offer and Acceptance Program (SOAP) are binding. Individuals may not, during this interval, be registered in a training program other than the one in which he/she matched. Once a party has matched or a position has been accepted during SOAP, a waiver of the binding commitment may be obtained only from the
NRMP. Please read the Waiver Policy for more information. Absent a waiver, applicants and programs with binding commitments are expected to enter training in good faith on the date specified in the appointment contract.

In addition, the NRMP Board and leadership feel strongly that medical students who have graduated early must have the ability to accept or decline to work in a clinical capacity in the interval before beginning their training program without the risk of retaliation or other negative consequences.

Can medical students who have graduated early begin a residency training program (other than their matched program) and then transfer to their matched program at a later date?

Match policies remain in force and do not permit individuals to enter a program into which they have not matched. All matched applicants are expected to begin training in good faith (i.e., with the intent to complete the program) at their matched program on the date specified in their appointment contract absent a waiver from the NRMP.

Will moving a program’s start date to begin before July 1 constitute a violation of the Match Participation Agreement?

Training programs initiating the 2020 appointment year earlier than July 1 will not violate the Match Participation Agreement. However, if the program has provided program materials and/or an appointment agreement indicating a June/July 2020 start date, the matched applicant must have the option to decide whether he/she will begin the training program on an earlier date determined by the program.

If new trainees are expected to quarantine when they begin their training program, will this impact the official “start” date of the program, as outlined in the Match Participation Agreement?

Resident/Fellow contracts that begin on or before July 1, with pay and benefits, regardless of the quarantine status, meet the requirements of the Match Participation Agreement. The Match Participation Agreement does not require the immediate delivery of curriculum. Programs are encouraged to find non-clinical activities (e.g., orientation, acclimation to the EMR, etc.) for quarantined trainees until they can begin their clinical duties. NRMP will not consider a waiver request solely because an individual requires quarantine when first arriving at their training program.

What happens if I lose my program funding and cannot support the applicants who Matched into my program?

In accordance with NRMP policy, the loss of program funding may be grounds for a waiver request.

Will a waiver be considered for immunocompromised applicants who have matched into areas hardest hit by the virus, given that their medical status could limit their ability to participate in many direct patient care scenarios until the pandemic is controlled?

In accordance with NRMP policy, approval of a waiver requires the requestor to demonstrate that accepting a matched applicant, or a matched applicant entering the program, would result in an unanticipated serious and extreme hardship. Conditions of eligibility/onboarding (e.g., medical school graduation, drug screen, ability to obtain licensure, visa, malpractice coverage as needed, etc.) outlined
in the Match Participation Agreement and in the program’s recruitment and/or appointment materials remain in force.

NRMP expects programs to fully investigate how immunocompromised individuals may be redeployed within the training program to support their health needs while meeting the training commitment if needed. NRMP also expects matched applicants to consider any health issues that may be exacerbated by training and/or the training environment when selecting their specialty, location, and training program.

NRMP will individually consider requests for waivers as received. Before requesting a waiver, the NRMP recommends that programs and matched applicants who are immunocompromised consider beginning training “off cycle” (any time before January 31) or deferring training to the next appointment year. Deferral of training allows the individual to begin training in their matched program the following appointment year and allows the program to fill the unfilled position for the upcoming appointment year.

**Is the NRMP collaborating with the ECFMG on the needs of the Match IMG applicants?**

NRMP staff has provided a complete list of all matched IMGs to the ECFMG, enabling their staff to work with the Department of State.

NRMP is concerned that IMGs currently residing in countries under a travel ban will be unable to obtain a visa and permission to travel to the United States for training. NRMP staff is identifying those individuals and programs and will work with the ECFMG/State Department to determine who may not be able to begin their program due to restrictions of travel. The NRMP also will work with individuals and programs to determine the need for a deferral or waiver, encouraging programs to consider a deferral in order to begin the matched applicant’s training the following year.

**Now that the Main Residency Match has concluded, we are expecting invoices from the NRMP for matching services. Have the payment deadlines for the Main Residency Match been extended?**

Yes, the NRMP is sending the 2020 Main Residency Match invoices on April 17 and has extended the payment period from 60 days to 90 days before late fees will be assessed. Institutions unable to meet these deadlines should contact accounting@nrmp.org.

Invoice adjustments for Fellowship Matches will addressed with each Match as needed.

**Does the NRMP have recommendations for how programs conduct recruitment in the current environment of COVID-19 restrictions?**

To abide by public health recommendations regarding limited travel and continued social distancing, and for the health and safety of applicants and program staff, NRMP recommends fellowship programs conduct at least initial screening interviews for the upcoming Fellowship Match season virtually. In addition, NRMP calls on all institutions and programs to enhance the electronic information available about their programs to better inform the research applicants conduct to determine where they would like to interview and potentially train. These measures will work to ensure interested applicants can be evaluated by programs while also providing applicants as much information as possible when making decisions about training. This poses a significant shift from the standard in-person interview and recruiting process but is a necessary step as we move into the upcoming fellow recruitment season.